

Film Talk

by Emmanuel Lopez

The Fall Movie Season

Hello movie lovers! This is my premiere article for The Local Biz Magazine and it feels great to be sharing my passion for movies with you. Films have been a huge part of my life growing up and they have saved me over and over again during extremely challenging times. Some top favourites include: *Groundhog Day*, *Pleasantville*, *Contact*, *Peaceful Warrior* and *The Shawshank Redemption*. I've discovered that the movie heroes that resonate with you can mirror your own hidden strengths, skills and gifts and I believe this is the secret power of cinema!

The fall movie season is very exciting and I will share some key titles to look forward to. Who knows? The films that interest you may contain a motivational message perfect for exactly when you go see it. I believe in the magic of synchronicity, so you may discover a film that entertains you AND gives you thought-provoking insights just when you need it most.

I love sci-fi, fantasy and animated films and this fall there is an abundance of them all. For fans of *Finding Nemo*, here comes the 3D version. This animated family film features the voices of Albert Brooks and Ellen DeGeneres and has been a big hit for Pixar since 2003. Another animated family feature, *Hotel Transylvania*, is about a vacation hotel for famous monsters such as Dracula, Frankenstein, The Mummy and The Invisible Man. The film features voices from Adam Sandler, Kevin James, Selena Gomez and Andy Samberg.

Time travel movies also intrigue me and the

film *Looper* has an interesting time paradox story. The film stars Joseph Gordon-Levitt playing the younger version of Bruce Willis's character. Levitt's character's job is to be stationed in the past and assassinate and dispose of criminals sent to him from the future. But what happens if his future self is sent back for him to eliminate? What to do, what to do?

For fans of TV shows like *Glee* comes the comedy musical *Pitch Perfect* starring Anna Kendrick and Brittany Snow. The story follows an all-girls a cappella group as they make their way to the collegiate championship. And it's also their mission to challenge the boy groups!

Another comedy is a film called *Butter* starring Jennifer Garner, Alicia Silverstone and Hugh Jackman. I love butter so I'm looking forward to this one! It's about a young orphan who discovers her talent for butter sculpture and challenges the reigning champion (Garner) in the annual butter sculpture competition. You already know there's going to be a lot of delicious butter in this movie!

As a big fan of the creators of *The Matrix* movie, I've been eagerly awaiting their new, ambitious film called *Cloud Atlas*. This sci-fi drama is described as an epic story of humankind in which the actions and consequences of our lives impact one another throughout the past, present and future. The ensemble cast includes Tom Hanks, Hugh Grant, Halle Berry and Susan Sarandon; they all play different characters AND genders in the multiple story lines. As with *The Matrix*, this movie is sure to be intricate, thought-provoking entertainment.

Ben Affleck blew me away with the film he directed and starred in called *The Town*, so I am looking forward to his latest drama thriller *Argo*. It's based on a true story of the 1979 Iran hostage crisis and how the six hostages were rescued under the ruse of a film crew scouting the area for a fictional movie titled *Argo*.

The Man with the Iron Fists stars Russell Crowe and Lucy Liu and looks like an action, martial arts extravaganza based on the thrilling movie trailer. It's about a 19th century blacksmith in China who makes elaborate weapons for a small village.

Robert Zemeckis directed some of my

favourite movies such as *Contact* and *Forrest Gump*. He returns with a mystery drama called *Flight* starring Denzel Washington as an airline pilot under investigation for his emergency landing that saved everyone on-board. Zemeckis is very creative with his cinematic storytelling, so expect a visually interesting ride.

For fans of James Bond movies comes the long awaited instalment called *Skyfall* starring Daniel Craig in his third outing as Bond. Javier Bardem plays the film's villain this time. If you are a fan of the Bond series does the plot even matter? Expect lots of action, adventure, exotic locations, cool cars, cool spy gadgets and beautiful Bond girls!

The grand finale of the *Twilight* series will arrive in the Fall. *Twilight Saga: Breaking Dawn Part Two* is a fantasy drama starring Kristen Stewart, Robert Pattinson and Taylor Lautner. This story features the fate of Renesmee Cullen, the new born daughter of Bella and Edward.

The animated action-adventure called *Rise of the Guardians* looks really fun, based on the adventurous movie trailer. The story is about some of our childhood icons coming together like a superhero team to save the children of the world. Hugh Jackman is the Easter Bunny, Chris Pine is Jack Frost, Isla Fisher is the Tooth Fairy, Jude Law is the Boogeyman and Alec Baldwin is Santa Claus. Does this sound cool or what!?

So there's your treasure chest of movie choices for the fall season! There's even more movies to choose from coming out, I hope you discover a film that will entertain AND inspire you. Either way, movies can be magical and powerful. Movies can energize your spirit. Just let yourself enjoy the cinematic ride!

EMMANUEL LOPEZ a.k.a. **MOTIVATORMAN** is an author, speaker, social media consultant and movie blogger featured in *The New York Times*, *The Washington Post* and *The Globe and Mail*. He provides "movie prescriptions" for those going through difficult times. He has written over 500 tips on his *Movies that Motivate* blog and has done motivational talks at TD Canada Trust, Royal Ontario Museum, Lululemon Athletica and The Art Institute of Boston. Emmanuel recently released his first eBook "15 Movies To Help You Overcome Difficult Times" available as a free gift at: www.motivatorman.com